

## Our Next Great TRANSITION & EXCURSION

The final book in a quartet of self help/personal development books by Percy Gray and distributed through PagesOfDiversity.com. A follow on from 'Fear, failure And Success'

Is our departure a definitive and often fearful conclusion to a limited stay on planet earth or could this be an exciting adventure into another realm? A candid and often humorous look at some possibilities.

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These relatively brief anecdotes (just shy of 20 A4 pages) and thoughts on this perhaps esoteric adventure are primarily aimed at one of several natural passing's and I have purposefully omitted any dark decisions associated with the deliberate exit from our surrounding on account of despair. If this is something being contemplated, I urge you please to exhaust all further options and perhaps first read my feelings detailed in 'Escaping The Labyrinth'. Bear in mind, this is one mistake where there are no lessons. Always ask yourself 'is it worth dying for and what's the worst that can happen'? Death is often a dark, unhappy and frightening occurrence for many, yet it is inevitable. Therefore it's best we come to grips with it and embrace the inescapable, as presently there are no other options available. Who knows, it may be an exciting journey into the unknown and a start of a whole new dimension of existence. It will wait for you, thus there is no need to expedite this interface.

### Excerpt

As mortality is a fairly emotive topic for much of our populace, I thought it appropriate to detail several thoughts on this tentative yet unavoidable subject that hopefully will provide a different perspective and alleviate or at least diminish those concerns. It furthermore is probably a good idea to face this sooner rather than later for as of now it is inescapable and regardless of how much we try and delay this occurrence, the grim reaper eventually comes knocking. It is the manner and our preparedness in which we experience this event that is critical and to what extent it perchance can be influenced through our choices. Hopefully when our ticket is up we have made peace with ourselves and any erroneous selections,



interactions and disputes that have been plaguing our memory, consciousness and subliminal mind. A more prudent approach though, would be to strive for this contentment during our lives where these principles undoubtedly provide harmony and peace. Having said this, it's never too late.

Remember, what's done is done and it's no use crying over spilled milk. Mistakes are part and parcel of our world so don't let it eat you up, it will only destroy you. Moreover, they may well have transpired for a reason so merely learn a lesson, acknowledge an error or repent (silently, vocally or any other way that brings comfort) and move on. Different faiths all have diverse requirements as to their chosen route to Heaven, Valhalla, a utopian Shangri-la or any other final resting place along with what is approved or wavered in the name of a nominated deity. The importance is to avoid being brainwashed or held to ransom through fear of reprisals, however each and every one of us has subjective ideas on what elicits reassurance and closure. Consequently this is an apprehensive issue for many fearing this conceivably unproven journey that requires above all, an unfailing reliance on ancient teachings and principles. As long as they are not prejudicial or self gaining towards any person or organisation and it provides reassurance, then there can be no harm in adopting a particular conviction.

Nothing (at present) is acutely lasting and just as trees fade and collapse, rocks disintegrate or creatures cease to exist, so it is with our bodies. Not unlike the terms alpha and omega, the initial and last letters of the Greek alphabet, this corresponding reference to a 'beginning and end' is comparable in many ways concerning the circle of life during which we travel from the cradle to the grave. There is a commencement and conclusion to almost everything affecting our consciousness; therefore it's always helpful to view change as inaugurations which will more than likely adjust in the near future once again. Permanence is doubtful in our secular routine whereas birth, as with death, may be the only polarities or dead end pursuits we currently are able to comprehend.

